

## Curricular Map for Key Stage 1

Year Group	Autumn Term		Spring Term		Summer Term	
	1 <sup>st</sup> half	2 <sup>nd</sup> half	1 <sup>st</sup> half	2 <sup>nd</sup> half	1 <sup>st</sup> half	2 <sup>nd</sup> half
Year 1	Gymnastics Flight, bouncing, jumping and landing on floor	Dance Stability, refined static and dynamic balancing, awareness of body parts and self	Gymnastics Flight, bouncing, jumping and landing using equipment	Games Ball skills (hands - throwing and catching) competitive and co- operative	Athletics Objective 1	Team Games Attacking and defending
Year 2	Games Ball skills (hands - throwing and catching) competitive and co- operative	Gymnastics Flight, bouncing, jumping and landing, linking movements together	Dance Stability, refined static and dynamic balancing, awareness of body parts and self	Gymnastics eg obstacle courses possibly on adventure playground and using play markings	Team Games Ball skills (foot control) competitive and co- operative. Attacking and defending	Athletics Objective 1

## Curricular Map for Key Stage 2

Year Group	Autumn Term		Spring Term		Summer Term	
	1 <sup>st</sup> half	2 <sup>nd</sup> half	1 <sup>st</sup> half	2 <sup>nd</sup> half	1 <sup>st</sup> half	2 <sup>nd</sup> half
Year 3	Games Ball skills (hands - throwing and catching, competitive and co-operative. Introduce fielding, batting and bowling. Cricket and/or rounders	Gymnastics Develop control and balance. Introduce symmetry and asymmetry balances.	Ball Skills (foot control) introduce dribbling and striking. Play competitive games - football	Dance Perform dances using a range of movements including symmetry and asymmetry. Introduce choreography.	Athletics Including Objective 6	Team Games Introducing passing and receiving and attacking/defending. Netball
Year 4	Gymnastics Develop control and balance. Introduce symmetry and asymmetry balances.	Games Ball skills (hands - throwing and catching, competitive and co-operative. Racket skills, eg. tennis	Dance Perform dances using a range of movements including symmetry and asymmetry. Build further with choreography.	Stick Skills Introduce dribbling and hitting. Play competitive games - hockey	Team Games Introducing passing, receiving and moving with the ball skills (basketball) and attacking/defending	Athletics Objectives 1 and 6.
Year 5	Swimming and water safety Objectives 1,2 & 3					
Year 6	Games Ball skills (hands - refine fielding, batting and bowling). Cricket and rounders	Gymnastics Matching mirroring and synchronisation	Stick Skills Refine dribbling and hitting. Play competitive games - hockey	Dance Perform dances using a range of movements and patterns. Refine choreography.	Team Games Refine dribbling and striking/shooting (basketball and football) and attacking/defending	Athletics Objectives 1 and 6. Including Sportshall Aviva